



JUNE 12-14, 2023

Oceanside Harbor North Jetty

Tuesday, June 13, 2023

25-minute heats

8:00 AM	Prone 2 Assisted - Rd 1, H 1
8:25 AM	Prone 2 Assisted - Rd 1, H 2
8:50 AM	Prone 1 Unassisted - Rd 1, H 1
9:15 AM	Prone 1 Unassisted - Rd 1, H 2
9:40 AM	Kneel - Rd 1, H 1
10:05 AM	Kneel - Rd 1, H 2
10:30 AM	Stand 2 Below Knee & Stand 3 Above - Rd 1, H 1
10:55 AM	Stand 2 Below Knee & Stand 3 Above - Rd 1, H 2
11:20 AM	Waveski/Sit - Rd 1, H 1
11:45 AM	Waveski/Sit - Rd 1, H 2
12:10 PM	Stand 1 Upper Limb - Rd 1, H1
12:35 PM	Stand 1 Upper Limb - Rd 1, H2
1:00 PM	VI 1 Blind & V 2 Partial - Rd 1, H 1
1:25 PM	VI 1 Blind & V 2 Partial - Rd 1, H 2
1:50 PM	Prone 1 Unassisted - Rd 2, H1
2:15 PM	Prone 1 Unassisted - Rd 2, H2
2:40 PM	Prone 2 Assisted - Rd 2, H 1
3:05 PM	Prone 2 Assisted - Rd 2, H 2
3:30 PM	Stand 2 Below Knee & Stand 3 Above - Rd 2, H 1
3:55 PM	Stand 2 Below Knee & Stand 3 Above - Rd 2, H 2

Wednesday, June 14, 2023

8:00 AM	Prone 1 Unassisted - FINAL	25 min
8:25 AM	Prone 2 Assisted - FINAL	
8:50 AM	Kneel - Rd 2/FINAL	
9:15 AM	Waveski/Sit - Rd 2/FINAL	
9:40 AM	Stand 1 Upper Limb - Rd 2/FINAL	
10:05 AM	Stand 2 Below Knee & Stand 3 Above - FINAL	
10:30 AM	VI 1 Blind & V 2 Partial - Rd 2/FINAL	
BREAK - 10:55 AM	Finish and Awards and Team Naming - PARA	
11:20 AM	longboard division starts	20 min
11:40 AM		
12:00 PM	V	
12:20 PM		
12:40 PM		
1:00 PM		
1:20 PM	V	
1:40 PM		
2:00 PM		
2:20 PM		
2:40 PM	V	
3:00 PM		
3:20 PM	V	